

Sensory Songwriting

AKV Chronicles

Dive into the world of sensory creativity through songwriting. In this edition of the AKV Chronicles, we explore how auditory, kinesthetic, and visual elements interact in the process of music composition. Learn how multi-sensory integration enhances creativity, guides lyrical choices, and shapes musical structure. Join us on a journey into the cognitive core of songwriting — where every note and movement tells a story.

ABOUT OUR RESEARCH PROJECT

Explore how songwriting becomes a map of the mind. Over two months, we tracked how creators use their ears, bodies, and mental imagery to write emotionally resonant music. This study revealed recurring sensory transitions and offered a prototype of multisensory musical flow.

Cognitive Mapping in Songwriting

Auditory–Kinesthetic–Visual Shifts

Sensory Prototype Visualization



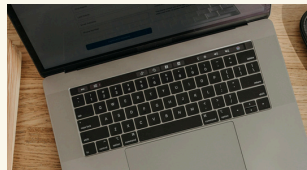
INSIGHT FOR ARTISTS & EDUCATORS

This research highlights how understanding sensory modes can support deeper musical learning. Whether you're a songwriter, teacher, or researcher, the AKV framework can help reveal invisible creative touchpoints — inspiring both practice and pedagogy.



UNPACKING MODAL SHIFTS

Stay engaged with our sensory research discoveries. From internal auditory triggers to embodied movement patterns and image-based lyric planning, explore the transitions that shape the songwriting mind. This layered understanding helps uncover the micro-decisions behind each phrase and note.



CREATIVE INSIGHT SPOTLIGHT

Dive into firsthand moments of multisensory creativity. Whether sparked by a movement, a mental image, or a specific rhythm, each moment in the songwriting journey reflects a shift in perceptual focus. These moments are the heartbeat of our prototype—fleeting, but measurable.

DOCUMENTING THE INVISIBLE

Our two-month project yielded detailed documentation of the songwriting process, highlighting subtle cognitive operations often overlooked. Through journaling, sketch-mapping, and self-observation, we developed a research-based workflow to track sensory transitions in real-time creative environments. This evolving methodology not only supports music cognition research, but also inspires new ways for songwriters to reflect on their internal experience and process.

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